

# **TODD'S GYMNASTICS ACADEMY, LLC CHEER ELITE**

2011-2012 All-Star Cheer leading Program

Dear Parents and Participants,

WELCOME! We are very pleased to have you and your child become a part of our All-Star program. We are looking forward to the upcoming season, and hope you and your child have a fun and enriching experience. This packet is designed to give you as much information as possible. Further details or questions can be discussed with our staff.

## **DESCRIPTION OF THE ALL-STAR PROGRAM:**

The squad's are designed as competition and performance groups. The focus will be to prepare for and compete in competitions. They will participate in local and regional competitions. Throughout the season they will focus on all the components of cheer leading.

You the parent will soon find out this is **NOT a recreational hobby**. Cheer Elite participants will practice very hard and must be dedicated to the program. Please understand that you the parent are as much a part of the program as your athlete. Over the course of the season you will find yourself making many trips to the gym for your child's team practice, as well as attending competitions and events. **Please remember that this is a team sport and it is very important that every member attends all practices and competitions.** Without everyone's participation it makes it difficult to practice the routine.

## **SQUAD INFORMATION:**

**After try-outs the cheerleaders will be assigned to the appropriate squad, however, we reserve the right to substitute a squad members into different divisions if needed.**

**Parents please be at the gym 30 Minutes before tryouts so we can answer any questions you may have.**

**Tryouts: Saturday April 16th 2011 Both locations are the same day see times below**

**Where: Todd's Gymnastics Academy Madisonville 12:00-2:00**

**Todds Gymnastics Academy Henderson 4:00-6:00**

**During the parent meeting the participants will be on the floor learning what will be expected of them during their try-outs and they will be given some instruction on technique, execution and will learn a 30 second cheer.**

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## **CHEER ELITE FEES:**

**Choreography Fee:                 \$75.00**

All cheer leaders will be required to pay the choreography fee. This fee will be added to the first 3 payments of your monthly tuition. This fee ensures participation and limited changes.

### **Competition Fees:**

These will vary by location and event type. Some specifics are not posted on the websites or directories yet, but we will have all the information for the season by the end of June. Please keep in mind these fee's are paid by us in advance and there are no refunds. ALL FEE'S ARE DUE BY THE SPECIFIED DATE.

### **Monthly Fees:**

**\$85.00 per month Due by the 1st day of each Month**

**There will be a \$20.00 late fee applied to all accounts paid past the due date.**

**Uniform and Accessories: YOUR TEAM COLORS ARE PURPLE, SILVER, AND BLACK**

Uniform:	Approx. \$100.00-\$150.00
Shoes:	Approx. \$30-\$60
Bloomers:	\$12.95
Socks:	\$6.00
Hair Bow:	\$6.00
Duffel Bag:	\$30.00 EMBROIDERY INCLUDED

Please note it takes 6-10 weeks for uniforms to come in.

Total payment of the above fee's will be due by July 1st. You can make three payments with your monthly tuition to help alleviate the upfront fee's with the first one due May 1st and 2nd payment by June 1st etc. However, you may pay the entire balance at any time before July 1st. This ensures we receive our items in time for competition and some room in the event of sizing errors.

## **PRACTICE INFORMATION:**

### **2011-2012 Practice Times:**

**All squads will practice 3 hours per week and occasional weekends. Practice days and times for each group will be posted**

**the week after tryouts.**

Each squad will practice 2 days per week at 1.5 hours each. Practices may be added before a competition. Occasional Saturday practices may also be scheduled in advance.

**Practice will be closed to parents until the last 15 minutes to help eliminate distraction and ensure all participants are staying focused and efficient. Some students have a tendency to perform better without being under the eyes of their parents.**

No one is allowed in the practice area (gym area) other than the athletes and staff, unless otherwise asked by a coach for assistance.

No one is allowed to speak to the athletes while practice is in session

**ATTENDANCE POLICY:**

**Excused absences:**

This season, athletes will be allowed to have the following amount of excused absences:

- May, June, July, & August.....3 absences
- September, October, November, & December..... 2 absences
- January, February, March, & April..... 2 absences

Excused absences will be one extracurricular activity, major illness, death in the family, mandatory school activity, and one family vacation.

There will be monthly schedules posted in the front lobby. Please make sure that any planned absences are scheduled with your cheer coach.

**Unexcused absences:**

You will be allowed only 2 unexcused absences throughout the season. If you have more than this it could result in dismissal from the team without question depending on the coach and the reason.

Last minute notifications (night before, or morning of) an excused absence will result in an unexcused absence (Excluding illness or death in the family). TGA coaching staff has the final say in determining if the absence is considered excused or unexcused. Please understand that practices are not EFFICIENT IF THE ENTIRE TEAM IS NOT THERE. ONE MISSING

PERSON CAN THROW AN ENTIRE ROUTINE OFF.

**You cannot use either excused or unexcused absences to miss either of the two practices prior to a competition. These practices are mandatory! No Exceptions!**

### **Practice Dress Code:**

All athletes will be required to wear appropriate clothing during practice. We will be purchasing matching practice attire that must be worn to all practices. This apparel will consist of shorts, t-shirts, tank tops, & cheer shoes. Team members should come to practice prepared and ready to work hard. Do not wear your cheer shoes to practice. Bring them with you and put them on prior to practice, this keeps them from becoming scuffed or damaged. Failure to comply with the dress code will result in a demerit. One demerit will be given out for each practice that the appropriate clothing is not worn or proper equipment brought to the practice. Cheer shoes are only to be worn at practice and competitions. Shoes must be changed prior to exiting the building.

No jewelry of any kind will be allowed at practices or competitions. Anyone caught wearing jewelry will be asked to remove it. Todd's Gymnastics is not accountable for any lost jewelry. All food and drinks are to be kept out of the gym area. The only drinks permitted during practice are bottled water.

Attitude is very important! Every Cheerleader and their parents should maintain a positive and professional attitude at all times. If problems should arise please discuss the issue with your coach immediately.

Treat everyone with respect and be a motivator!!!!!!!!!!

### **COMPETITIONS AND EXHIBITIONS:**

All competitions and exhibitions that are scheduled for your team are mandatory unless otherwise stated. The success of this program depends on everyone attending each event. To replace a teammate is unfair to the members of that team. If you cannot work your schedule around these competitions, we cannot allow you to participate with the competitive team. Missing more than one competition will result in removal from the squad. It is the coach's decision in what division the team will compete in at each competition.

#### **Competition Day:**

Prior to any competition, we will provide you with an information packet that includes times of warm-up and performance, location, and a map to direct you to the location. This packet will be available approximately three to four days before each competition. The coaches do not have

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performance times before this. The coaches do not know how many teams will be participating in the competitions.

In order to ensure that all athletes arrive at competitions on time, we will meet at a designated area the morning of the event and commute together to the venue.

Attendance will be taken at the beginning, during, and end of each competition. Both being late and leaving early without permission will result in demerits. Unless the coach is notified prior to the event.

After every performance we will have a meeting spot for the parents to come and pick up their child. Some performances we will sit as a squad. Please communicate with your child and be sure they understand where they are to go at competitions.

### **COMPETITION UNIFORM DRESS CODE:**

Cheerleaders are encouraged to wear their warm-up to school on the day before the competition. Do not wear your uniform to school, only your warm-up.

Cheerleaders are required to wear their warm-ups to every competition.

The day of competition wear your body suit, shell, and bloomers with your warm-up.

**Do Not** wear your competition shoes to the event. Your shoes and skirt should be placed in your bag, brought to the competition site, and changed into there.

Hair and make-up should be completely done before you arrive at the competition, unless otherwise stated. Shoes and skirt should be the only items left to put on once you arrive at the competition site.

### **COMPETITION ETIQUETTE:**

All cheerleaders will be required to wear either their warm-ups or uniform while representing TGA at any competition or function.

No jewelry or nail polish will be allowed to be worn to competitions.

While other teams are competing all Cheerleaders will stay with their team, be respectful, and will not be allowed to walk around.

It is recommended that all the parents sit together if at all possible. This shows great team support and the cheerleaders are able to hear you better as a group from the performance floor. Some competitions the cheerleaders are able to sit with you for the remainder of the competition

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until the awards ceremony. If you are all together, it helps keep the team together as well.

It is **mandatory** for the cheerleaders to stay until the awards are given out. If you are not present, you may not receive your award if individual awards are given. If you must leave early, you must notify your coach.

Athletes must be on their best behavior at all times. Rude or vulgar behavior, gestures, language, or poor sportsmanship will not be tolerated!

## **GENERAL INFORMATION:**

### **Demerit System:**

There will be a demerit system used for the new cheer season. Demerits will be given out for unexcused absences, attitude, not having proper attire, missing competition, being late to practice and competitions, and other needed areas.

A result of 7 **demerits** for the year will result in dismissal from the team!

### **Paying of bills and monthly fees:**

When paying any of your cheer bills they must be turned into the front office. (Please include your invoice). If you need an invoice before paying, please see a staff member at the front desk. There will be a **\$20.00 late fee** charged to accounts that are not paid on time. Accounts with late fees will result in the cheerleader sitting out if not paid within the first week of the month.

### **Quitting All-Stars:**

If you decide to quit the Cheer Elite All-Star program at any point during the season, you will be required to put a written notice in with your final monthly payment so that the office staff will no longer bill your account and any payments for unused services, apparel, competitions, etc., as well as your choreography fee will not be refunded

### **Miscellaneous Information:**

It will be the athlete's responsibility to pass any informative papers on to their parent or guardian. A copy of all papers sent home with the athlete will also be posted on the message board in the front lobby for parents or guardians to view at any time.

We will have at least 2 parent meetings throughout the year. One will be held before the first

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competition and the other held probably in January.

The coaches have the right at any time to change the routine, which may or may not include different flyer's, bases, or tumblers. This is not to punish any child, but may be done to better the performance.

Any defiance in the form of back talking or sassing the coaches, demonstrating poor sportsmanship, poor attitude, not following the directions of the coaches, or lack of willingness will result in the participant being sent home immediately and will result in one demerit.

Do your best and try hard! The rewards are worth the effort!

Please remember that during try-outs we will be watching for your smiles, faces, motions, jumps, tumbling, and other abilities. Be enthusiastic, be happy, and remember your job as a cheer leader is to MOVE and MOTIVATE!! We ask parents to keep an open mind and be realistic about their child's goals and abilities. As always positive reinforcement is always recommended.

## **Agreement**

I have read and understand the cheer team policies and procedures. I understand the commitment of time and effort that this program entitles, and pledge to give it 100%.

Cheerleader Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Parent Agreement**

I have also read and understand the cheer team policies and procedures. I agree as a parent to ensure that my child will be at every practice, competition, and striving to give 100% as well as abide by all rules and regulations.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Todd's Gymnastics  
Academy  
All-Star Information**

Please fill out all of the information below. We will need this information on your child to fill out the insurance waiver forms for the upcoming competitions. If we have all the information the forms will be filled out for you and you will only have to sign them.

Cheerleader Name: \_\_\_\_\_

Address:      Phone:

City:	State:	Zip Code:
Birthday:	Age:	Grade in School:
Mother's Name:	Cell Number:	
Father's Name:	Cell Number:	

Insurance Information:

Carrier: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Emergency Contacts: (please include cell phone numbers if available)

Name: \_\_\_\_\_ Number: \_\_\_\_\_

Relationship: \_\_\_\_\_